



COMPETITION FINALISTS

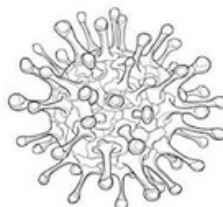
**Everything is going
to be ok**

**B2 Level Essays
March-June 2020**

By Warwick House students



Warwick House
Centro Lingüístico-Cultural



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Presentación

Cuando el 13 de marzo supimos que nos teníamos que confinar todos en nuestras casas, a causa del empeoramiento de la situación derivada de la pandemia Covid-19, en Warwick House pusimos toda la maquinaria en marcha. Nuestro objetivo era minimizar el impacto de esta situación entre nuestros alumnos. En solo unos días pudimos transferir nuestra formación, de presencial a virtual en vivo, con los mismos profesores y calendario académico.

Al tiempo que hacíamos efectivo ese cambio, decidimos poner en marcha una serie de iniciativas que sirvieran de altavoz para nuestros alumnos, y conocer así sus opiniones - mientras practicaban inglés- del contexto histórico que estábamos viviendo.

Concurso Warwick House Everything is going to be OK



Presentación

El primero de los concursos 'Everything is going to be OK' tenía como objetivo ofrecer una visión positiva del confinamiento, ya que somos conscientes de cómo el pensamiento positivo puede influir en nuestra visión de las cosas.

En este concurso, lanzado en marzo de 2020, participaron todos los alumnos de Warwick House, desde los más pequeños hasta los de nivel más avanzado, a través de una gama amplia de ejercicios, centrándonos en '*writing*' a partir del nivel A2, con un email, story (B1), essay (B2), review (C1) y poem (C2). Estos ejercicios tenían el formato de los exámenes de Cambridge Assessment English pero con una temática adaptada.

La calidad y cantidad de las propuestas fue apabullante y fue muy difícil decidir los ganadores. No obstante, de todos los ejercicios que propusimos, fue el ensayo de nivel B2 el que más nos sorprendió. Al tratarse de un tema cercano, muchos de nuestros alumnos escribieron ejercicios sinceros, honestos y en el mejor inglés que pudieron expresar.

Presentación

Por este motivo, y ya a las puertas de la 'nueva normalidad' y del final del tercer trimestre, en Warwick House decidimos lanzar un segundo concurso para nuestros alumnos de nivel B2, reflexionando sobre el impacto de la pandemia y el confinamiento en nuestra sociedad. De nuevo estamos muy orgullosos de su esfuerzo y resultado.

En este e-book compartimos todos los ejercicios de los finalistas de los ensayos de marzo y junio, para que los podáis leer. En su conjunto, son un documento histórico, con testimonios sinceros sobre este momento que nos ha tocado vivir.

Esperamos que disfrutéis y, sobre todo, prudencia hasta que todo acabe.

Catherine Park
Directora de Warwick House

Marzo 2020



Paralizada toda actividad no esencial en España

Estas restricciones arrancan el lunes y durarán hasta el 9 de abril. Los empleados tendrán un permiso retribuido y recuperarán las horas

JOSE MARCOS | Madrid | 1401

Las horas más duras de un presidente
CLAUDI PÉREZ / CARLOS E. CUE | Madrid | 28
Pedro Sánchez toma las decisiones con un reducido núcleo duro en una Moncloa vacía
EDITORIAL • "Primer plazo"



EL PAÍS

EL PERIÓDICO GLOBAL

EL AVANCE DEL CORONAVIRUS DESAFÍA AL ESTADO

España, en emergencia

El Ejecutivo invierte 14.000 millones en la economía y 3.800 millones en sanidad

España ya es el segundo país de la UE con más contagiados: 3.142 casos

Sánchez propone un Presupuesto "catrascual" y Arrimadas ofrece su voto

Castro crítica por insulsiante el plan, pero lo apoyará en el Congreso

La Bolsa sufre la mayor caída de su historia

El SIBOR 3 meses, índice de los tipos de interés, cae un 10 por ciento. El índice de acciones de Europa cae un 10 por ciento. El índice de acciones de España cae un 10 por ciento. El índice de acciones de América cae un 10 por ciento. El índice de acciones de Asia cae un 10 por ciento. El índice de acciones de África cae un 10 por ciento. El índice de acciones de Oceanía cae un 10 por ciento.

Lagarde decepciona con su plan de estímulos

La presidenta del BCE, Christine Lagarde, ha expresado su decepción por el plan de estímulos de la Unión Europea. Ella ha dicho que el plan de estímulos de la UE es "insuficiente" y que se necesita más medidas para combatir la crisis económica causada por el coronavirus.

10 millones de alumnos se quedan sin clases

El plan de alivio

Plan de alivio

10 millones de alumnos se quedan sin clases



#ESTE VIRUS LO PARAMOS UNIDOS



Essays marzo 2020

Staying at home for 14 days is a new and unexpected experience for many people in Spain. In what ways can the confinement be considered positive?

Write your answer in 140-190 words in an appropriate style on a word document, with your name written on it.

Write about:

- 1. Family**
- 2. Social Media**
- 3. (your own idea)**



Ganadores marzo 2020

WINNER – Teenage Students: Laura Blanco García

A few months ago, a virus called coronavirus (or COVID-19) developed and quickly spread throughout the world. This virus is a respiratory condition that can spread quickly from one person to another. In Spain, the government has banned leaving home, so we are isolated in our houses. Although this is a hard situation, there are some good things we can do during this quarantine.

First of all, we will spend more time with our family. Now we can play board games, watch TV together, do exercise or cook with them. Also, we will get to know each other better and we can do more things together.

Secondly, with social media we can be in contact with our friends and relatives using apps with video calls or just chatting. If this had happen years ago it wouldn't be possible to talk with friends so today's technology is a great advantage.

Finally, we can have more time to spend in the things we like, like draw, write or play instruments. Besides, we'll have time to think and to find ourselves.

In summary, we should stay at home, be positive and don't lose hope.

Ganadores marzo 2020

WINNER – Adult Students: Carla Rodríguez

It is said that humans are social beings and that we need people and freedom to develop ourselves. But can staying at home for 14 days, or even more, be a positive experience to some extent for people?

To start with, confinement is a good opportunity to share time in family. Most people with busy lives do not have enough time to spend with their families. Especially for children, it can be a great experience spending so much time with their parents, while otherwise they would have to wait until holiday.

In addition, for keeping in touch with the people we not live with, social media are the solution. However, contact through social networks will never be like person contact, so we will miss each other equally.

From the work point of view, confinement could be a good occasion to try teleworking in many companies, in which before this situation did not even consider it. If it works well, workers will can take advantage of a more flexibility in their workdays.

In conclusion, positive things will come out from this confinement, such as valuing certain people or things that we previously took for granted.

Finalistas marzo 2020

Coronavirus has become an important problem in our society nowadays. Few days ago, the government said we had to stay at home for 14 days to stop the propagation of the virus. But has this confinement got any positive aspects?

We used to have a very busy life and because of that, we didn't have time to talk with our family or play games like "Monopoly" with them. But now this can't be an excuse, so spend time together!

Social media is very important nowadays. We can entertain ourselves watching Netflix, using Facebook, playing video-games online or doing video-calls. So, there are many alternatives not to be bored!

We should also do some sport exercises with a static-bicycle for example, or just dancing with our family. Moreover, you could read books or take time studying or trying on these clothes that have been in your wardrobe for a long time.

Quarantine isn't a perfect situation but we have to adapt and be grateful with the employers that are working hard. Maybe, it's time to think in the little things we usually have and don't value like hugs, kisses or being with people.

Andrea Moñux Bartolomé

Finalistas marzo 2020

Nowadays nearly all the planet is paralyzed because of the COVID-19; but, meanwhile, we can do things that in our normal life we couldn't.

At first, we have more time to spend with our families. We usually don't have time to be with them because of our daily routine, that usually include very little time for them. So we can use this time to give them the position they meant to have.

On the other hand, the social media has become a very important factor in our daily lives. In this worldwide situation, we can't go to our schools so, they have make up a very useful solution for the students: classes online. But, it has several problems like: not everyone could have access, sometimes the internet red doesnt work...etc

Without a doubt, we spend more time knowing us, searching for different answers that our brain proposes and that makes us realize a lot of things about our lives.

To sum up, I really think that we can achieve positive things about this complicated situation, because even if we think all is bad, always is something good in everything that happens to us.

Paula Martín Fernández

Finalistas marzo 2020

Right now we are all living a historical moment, a pandemic has arrived and we have to stay at home in order to save the world; although is hard for all; the quarantine has some positive things.

Firstly we can talk about family; although the parents (at least mines) are still working, we are spending much more time with them than before the corona virus. Personally speaking I play cards everyday with my parents, I really enjoy it. On the other hand, being the whole time with them can make us argue easily.

Secondly I am going to talk about social media; even if we do not see our friends or relatives we can speak daily with them thanks of social media. I can say without doubt that I make in this two weeks more video calls than in my whole life.

Finally we have more time to do some things that we enjoy and maybe we do not have time to do them normally as cooking, reading, writing or whatever.

On the whole we can say than quarantine has some positive things and we have to take advantages of them.

Sara Sánchez

Finalistas marzo 2020

Not long ago if someone tell us we have to stay at home all day for 14 days we think he is crazy. We are used to living outside our homes: going to work, to the gym, staying with family and friends... Our lifes turn around going outside and now we must be at home for safety reasons.

it's lucky if you can spend these days with you family because you can enjoy them and these new experience will unite you more. Despite these days will have been very hard and stay together will have helped you to be more positive.

In contrast, this situation is being more hard that we think, just need to turn on the TV to be aware of all. Social media bring us to reality and although they give us bad news, ther try to calm us too.

In addition, staying far op the people you love in this situation can be a bad experience. In these cases social networks can get closer to them. They heps us to keep in touch.

To sum up, bad experiences have always brought people together. Distance will keep us more positive and closer than ever.

Marta Aguirreche Domínguez

Finalistas marzo 2020

These days, all people in our country should be at home. Never before, we have lived a situation like this. During this days, we can change our lifestyle, for this reason, the most important idea is to be positive. How can we make the confinement more attractive?

Firstly, it is clear that if we are at home, we will stay with our relatives. This is a perfect moment for do family plans like cooking or playing. In my case, during my normal life, I did not have enough time to spend with my parents and my brother, now it is easier.

Additionally, social medias are being so relevant because the citizens needs to recibe all the necessary information. However, it is too much important that the spanish people develops critical mind when they are reading the news, there are a lot of fake news.

Finally, if we had stayed at home for many time,we could have arrived to feel bored or miserable, a solution for that is doing physical activity because it helps to distract your mind.

To sum up, I want to transmit that the support of everyone to each others can be crucial for us. In my opinión, this situation, in the future, is able to be remembered like a historical fact which we have lived.

Alejandra Sanz Rey

Finalistas marzo 2020

It might seem like an unusual time to talk about something positive, with all the tragic things that are happening in the world as a result of the coronavirus. It's hard for us to face up to this public health emergency. However, being isolated is not negative under a several points of view.

First, this situation of unexpected confinement can be considered an exceptional opportunity to spend quality time with our loved ones, indeed, it's a marvelous time to have long conversations with them. Yes, I know, every little child wants to break out: they can't put up with the idea of not spending time outside with their friends. But Parents have the chance to provide them with an enormous range of useful and suitable knowledge, not only about hygiene measures and health, but also about discipline and solidarity. For the couples without little children is a fascinating occasion to work at their relationship.

On the other hand, the use of social media is a positive aspect as well. In spite of the fact that are thousands of users spreading rumors, sensationalism and other forms of disinformation, there are a lot of news about hope and eagerness too. Facebook and Twitter are facilitating important news, reports and experts' conversations about the virus. Moreover, they provide people with a lot of ways of entertainment.

Social media experts say it's more important than ever to search positive news on the Internet. For instance, I couple of days ago, I read about an amazing couple which was ready to tie the knot the day of the declaration of the state of alert. Finally, they decided to celebrate the ceremony in the window of their house. At the same time, a photo of a Minnesota man visiting his 88-year-old father through the window of the old man's house, reached my heart.

Finalistas marzo 2020

Additionally, we are learning a lot of things about the relationship between human and environment. A dramatic decrease in air pollution over quarantined areas (mainly in Madrid and Barcelona) is being registered. According to an Ecologists in Action report, this is due to the reduction of traffic and industrial activity.

Furthermore, Dolphins are returning to Italy's coast (even to the Venice canals) amid coronavirus lockdown. So, is Nature just hitting the reset button? Maybe this rest period could be positive in the longer term.

That being said, in my opinion, there is no point in being pessimist. This uncertain times remember me the words said by Viktor E. Frankl, a Holocaust survivor: "Everything can be taken from a man but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way." So, there is an indisputable truth, even in case of restrictions on freedom of movement, positive thinking is, not only possible, but also extremely necessary.

Cecilia Martínez

Finalistas marzo 2020

It is worth acknowledging that when the Government told us to remain in quarantine for at least fifteen days, everybody panicked due to the fact this was going to change our daily lives. Therefore, should the confinement be considered positive?

Firstly, it is important to recognize that before being put into confinement, we already had stressful lives, but we must also consider that we should have been making time to stay at home with our families. Nowadays, we have to realize that we are spending more time than ever with the most important people for us.

Secondly, we must bear in mind that we can also continue to be in contact with our friends and relatives. Looking on the bright side, thanks to social networks we can send messages or make video calls without any problem.

What is more, every cloud has a silver lining. Since we cannot go out to look for our own wellbeing we can search for it ourselves at home. The best option is for us to have a varied diet and to do activities that really make us happy. In my case, for example, this means doing sport and being with my dogs.

All things considered, I really do think that this confinement is a good way to help people realize that we have all of the important people to us and the things that we really need right by our side.

Claudia Rodríguez Martínez

Finalistas marzo 2020

First of all, it is everyone's duty to comply with quarantine and face up to this sudden situation in the best possible way.

In fact, you may think that spending time with your family it could end up a waste of time, but nothing of the kind. This is an opportunity to find out hobbies together, to open up and so on. Because when we turn into teenagers, the relationships with our relatives become tougher. Moreover, by the necessity of keeping in touch with people, this makes you use the social media in a suitable way and with a real purpose and not as a form of leisure.

As I see it, being in confinement, could help you to realize the little importance of material things, and that the only thing that counts is people. As a result, this brings out the best in you, the unselfishness, especially with the most vulnerable: your grandparents, the sick, the needy and others.

In conclusion, we must make the most of this circumstance. For instance, I am going to take advantage and improve a lot my English. Personally, I think all should seek something productive to do.

Natalia Berhó López

Finalistas marzo 2020

These days, citizens are experiencing an emergency situation caused by the rapid spread of the coronavirus worldwide. With 47600 infected and almost 4000 dead in Spain, the Government has decided to take actions in order to face up to this serious issue and reduce the expansion of the virus. In this regard, virus-controlling measures are being carried out, from closing schools and non-essential businesses to confining Spanish citizens in their homes for 14 days (as of today, this confinement has been extended to 1 month). This may seem extreme to many people. However, we should all be aware that the world is changing and we should learn to adapt to this new and unexpected situation. One good way to do this is not to get overwhelmed and appreciate the positive things that this long confinement can bring, in which family and social media play an important role.

On the one hand, there is no doubt that our family is key to deal with this controversial quarantine. We are spending many hours together, so it is normal that sometimes sparks may fly between family members. However, we should stay positive, take advantage of this and start doing everything that we have always wanted to do with them. For example, now is the ideal time to have a deep and enriching conversation with your father about that topic that is of such interest to you, as well as to learn that recipe you like so much from your mother. Maybe this is the time to give them that hug that is needed so much but there is never time to give. Moreover, this could help us not only to get to know our family better and improve our bond with them, but also to learn new things about ourselves and overcome our weak points.

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On the other hand, in spite of this confinement, we can keep in touch with the outside world by means of social media. People increasingly use it not only to find out about the current coronavirus situation, but also to contact friends, family, as well as to establish new relationships with people they don't know yet. Thereby, now we are sending WhatsApp messages to friends and neighbours with whom we hardly spoke before, because we truly care about how they and their families are, we even wonder if they might need something. Thus, human affection has increased these days and, consequently, our empathy towards others, a fact that is clearly supported by social media.

In conclusion, quarantine is bringing out the best in us in multiple ways. It is in these moments when we realize what is really important, i.e., what was a problem for us 15 days ago now is mere unimportant nonsense. Accordingly, citizens should be aware that not becoming infected is as important as not infecting others. Hence, we have to keep supporting each other, focus on the present and avoid becoming overwhelmed by this situation. We will overcome this if we all do our part #StayAtHome

Verónica Barroso García

Finalistas marzo 2020

The corona virus has changed our way of life and we have stopped doing things like taking a walk, but although it seems surprising this state of alarm is helping us to be more united and what is more important to get the best version of ourselves.

In one hand, since we get up until we go to bed we are constantly moving from one place to another, and as a consequence we don't see our families as much as we want. But thanks to this confinement we are spending most of our time with the people that we love most, talking and playing some table games.

On the other hand, Social networks are also helping us to pass this difficult time, and we are not only using them to communicate with family and friends who are far, also we are using our ingenuity to bring a smile to the person who see it.

In conclusion, from the beginning we have seen this news as a disaster and although it is true that it is difficult to deal with this situation it is also managing to make us a little more human.

Gemma Gómez Martínez

Finalistas marzo 2020

First, it must be said that confinement is necessary because the virus must be stopped. It is important because more people cannot die. You have to save lives and the only way to do it is to stay at home.

But not everything has to be negative, we can always see things from another point of view, be positive with confinement.

We begin with the family. On a day-to-day we always say that we do not have enough time to dedicate to our children, parents and other family members. Now you can do it. Have you thought about playing the PlayStation with your father? Now is the time because he will not tell you that he has to go to work. Have you thought about teaching your child that game that you enjoyed when you were young? Now you can do it, you will love it. It is a good occasion to exchange games. Children will know the classic games of a lifetime and parents will learn to play video games.

On the other hand, it is a good opportunity to listen to each other's concerns. Did you know that your mother wanted to be a painter? Did you know that your child loves to cook? Don't worry, until next April 11 you have all the time in the world to share your concerns.

Secondly, social Media teach us about:

Imagination. Before confinement we used Instagram to show our trips but now, we use it to teach everyday life at home.

Responsibility. Twitter was being used to protest everything but now, it is used to help people and say that everyone stay home.

Finalistas marzo 2020

Whereas, Tik tok make our friends smile. With WhatsApp or hangouts we communicate with our friends. Although we cannot leave the house, we meet to have a virtual coffee or do homework.

In other words, we have awakened our imagination, creativity, ingenuity, responsibility, etc. And If you have little technological friends they will have learned to use it. Today is the most expert in the Word.

Last but not least, we must speak of the Word "values". Students may not be learning English, Math, or Science, but they are learning something very important that they will not forget, the meaning of solidarity, sacrifice, and shared effort. Values that unfortunately young people today sometimes forget because they have everything in this life.

In conclusion, throughout this time we will learn the meaning of some words that we sometimes forget, we will share time with our family and our mind will discover things that in another situation we would never have imagined.

Enjoy the positive part of confinement. Stay at home.

Dori Gómez

Finalistas marzo 2020

According to this stage in which we have to stay in house, it is important to be positive and feel everything is going to be all right. Millions of people are confined without being able to go outside or meeting friends. It is a really complicated and extreme situation and we have the obligation to obey the government's commands.

First of all we have to consider that it is a great opportunity to enjoy quality time with family or flatmates in the case of university students for example. We can spend time together and get to know each other better. However, we have to be patient with them and staying calm.

In addition to this, it is believed that it is a period to miss other people but nowadays we have internet and social media and because of that we can be in touch with your friends, workmates and the family that is are away from us.

Apart from that, it is the best opportunity for us to get to know ourselves, to do things what we have always wanted to do and never have done or just reading a book. In fact, we can discover new things like art, design, music, cultural activities, to exercise or whatever to keep us busy, amused and entertained.

To conclude, it is a great moment to grow personally and professionally and particularly to appreciate the little things we have not treasured before. I firmly believe that after this situation we will be more grateful with others. So let us be positive about it.

Ana Hernández Pinilla

Finalistas marzo 2020

Have you ever imagined finding yourself in a mandatory lockdown situation?

Well, the answer may not be, but right now the world is experiencing a pandemic and we all need to contribute to curb this situation and the only way to do it is to stay home.

On the one hand, you have a lot of time that you can share with your family and that together you can do activities such as looking for old photos in which you remember happy moments, playing, cooking or just talking and spending a pleasant time, this will make you feel calmer and feel good.

On the other hand, you could continue your social life through different means such as Skype where you can see and talk at the same time with your friends and continue performing routines through the help of technologies such as watching sports video tutorials or keeping your lessons.

Moreover, you have the opportunity to spend time alone and think about things that you usually don't have time to do and have always wanted. I relax reading, cooking, painting a picture that I am going to give to my grandmother or remembering my childhood watching Disney movies or series that I have always wanted to see as Friends.

To sum up, I believe that at this time we should all be responsible to society and we should look for situations that make us feel happy in our homes. And in the future we will remember the great effort we made, feeling proud of having contributed to improving the situation. Together we will get it.

Paula Martínez Cerro

Finalistas marzo 2020

Many people in Spain is used to go out every day. They usually go for a walk, walk the dog, or just go to school. But now, they can't do it. Coronavirus has installed in Spain, and, for the population's security, the government has forbidden going out of home. Some people don't care so much, but for other, this is being a hell. Obviously, this isn't a great situation, but not all things are bad.

Now, you have more time to talk or play games with your family, things that you couldn't do in normal circumstances.

Also is true, that not all people have or live with their family. But they have no reason to be sad: they will be able to communicate with others, messaging or even talking on the social media.

Confinement will be also helpful for discover people's solidarity. Now, more than ever, older people will need help, and be sure of that lot of people will be there offering theirs. With this situation, there is a big quantity of people that is scared, but, be calm, with the help of nurses EVERYTHING IS GOING TO BE OK.

Carlos Martínez García

Finalistas marzo 2020

As we are fighting coronavirus, we are in quarantine, which means we have to change our lifestyle. This essay will analyse some positive aspects of the current situation by covering three points: family, social media and free time.

Firstly, as we can only leave home in very strict situations, we spend a lot of time at home with family. Some people may find it boring but it's a good opportunity to bond with them by playing board games or watching movies.

Secondly, social media has a big impact in our new lifestyle because it's the main way of talking to friends and family. Although we can't go out with them, we can still keep in contact through whatsapp or apps.

Finally, as we have much more free time than before, we should take advantage of it and be productive if we want to keep up with our work or studies. It doesn't mean we only have to work, we can watch series or play games.

In short, the current situation might be scary unless we find ways to entertain ourselves and keep up with our obligations.

Jaime Fra

Finalistas marzo 2020

The coronavirus is killing a lot of people and it is making some families suffer, but I find that nothing in the world it is just bad, I personally believe that everything has some positive things.

Staying at home with your family it is not horrible, because you can have fun with them by remembering memories of when you said your first word and you thought that your mom had the most enormous smile of the world.

Bored in your apartment tempts you to take the phone and start checking Instagram, but Instagram is not bad for you, because you can share really funny videos with your incredible family and have a really good time.

Taking classes at your house it is a bit difficult, but that means that you do not have to walk to your school, so you can spend that precious time reinforcing some subjects, in order to start finding some subjects easier.

In conclusion, confined in your house is not as bad as you think, just never come up to conclusions without thinking it first, lots of things just do not look as it really is.

Jiayu Jin

Finalistas marzo 2020

Staying at home because of quarantine is something new and unexpected for the Spanish population. In this situation it doesn't help either how dramatic some people can be. Moreover, is it all just bad things?

Probably, one of the worst aspects is not being able to go out and see your family or friends; but in some way this can be taken positively, as a method of strengthening relationships with siblings or parents. Also, thanks to technology, we can make video calls to make confinement less boring.

In addition, the existence of social media makes this more bearable for teenagers. You can talk to your friends or even know what your favourite celebrities are doing. Also, social media apps like Youtube have lots of videos that can help you stay healthy.

And last but not least, we have boredom. Nevertheless, this can be a good way of advancing homework or to do things you've always wanted to do but hadn't been able to do because of the lack of time.

In conclusion, before letting panic, we need to look at the positives; but above all, knowing how to make the most of time and do something useful.

Lucía Bueno

Finalistas marzo 2020

Nowdays, we live in a society in which all human beings think they are superior to anything, but this isn't true, and it seems that we have just been aware of it. Everyone thinks that they can do whatever they want, but you have to think that our life is very frail and it can finish in any moment. That's what's happening with the coronavirus confinement.

On the one hand, it can be positive because you can spend a lot of time with your family, play games or watch movies. On the other hand, think that you can't go outside. That means that you can't see friends, do sport or go for a walk with your family. You can take advantage of all this time you're going to be at home and do fun things, otherwise, you'll get bored.

One very positive thing of the time in which we live is the technology. Despite that you're far away from you friends, you can communicate with them by using social media or other platforms. You can make a video call with your friends doing all the same thing like if you were all together. For example, you can do sport together each one in its house.

Finalistas marzo 2020

Other important thing about this confinement is the school. What happens if you have to attend a class but your school is closed? It depends on the age of the student. Many teens in Spain are attending virtual classes. It works like if they were all at school but without going out of their houses. In my case, for example, my teachers are sending me homework to do for each day. In the morning they text and sent me all the content I have to give them the next day and then I start working to get it done on time.

To sum up, this situation can be very complicated if we don't organize ourselves, so try to do it as simple as possible with the help of a timetable or a schedule. You have to keep calm, and if you don't want to get depressed, try not listen many news about it. Think about what can you do to have fun and stay at home.

María Sáinz de Baranda Vargas

Finalistas marzo 2020

For more than a week, all the Spanish people has been locked in their houses without being able to go out because of the coronavirus. Most people think it is a bad situation, and it probably is, but not everything is bad.

Most of you will be familiar with taking your mobile phone and locking yourself in your room. Seen from another point of view, that is what your children probably do. This is the best moment to change it. People are starting to spend more time in family!

Another important fact is that people like your grandparents who you thought they would never touch an electronic device are starting to use it. Video calls to see their grandchildren, digital newspapers... and the youngest children have also learned to be able to continue their classes.

Finally, I would say that it is good to see everyone united again for the same cause. Complying with the law of not going out, clapping for the doctors in hospitals...

As you can see there are a lot of bad things but there are also good things. We just have to think positive.

Marina Vaquer

Finalistas marzo 2020

Due to the new situation caused by the coronavirus (COVID-19), the government declared the state of emergency because the virus was declared a pandemic, so we must stay at home for at least fifteen days, but this is going to be longer. This experience is difficult for everybody but we have to listen to the President and do what he tells us. We can also learn a lot from this virus because it is testing us on how we respond to this type of situations.

However, these days are also good because you spend a lot of time with your family and improves the relationship among everyone, and these days are also good for playing table games and videogames, so this experience is not horrible, you can have fun in different days.

But, if you want to relax or watch a TV program or a film you shouldn't click on the informative programs because they only talk about the situation of the coronavirus, nothing more.

Also, all the social networks are talking about the movement #STAYATHOME. This is great. I think this situation is serious, but, surely we will learn about the important and less important things in this situation.

Martín Granja Garijo

Finalistas marzo 2020

We are going through a fascinating historical moment that people will remember for ages, that quarantine is showing us how the society develops, before 100 years people were obligated to leave their homes and fight in wars to protect their countries, today we are obligated to stay in our houses to protect our families. It is true that staying indoors for 14 days could be difficult and could have a negative impact in some aspects like the economy, but it has a lot of positive points that we have to think about.

First of all, the quarantine has a lot of advantages for our families, one could be that we have more time to spend together doing different activities, before people were all really busy working and studying, but now they can spend a whole evening with their parents watching films, playing games or whatever. Another important point is that the society is doing that mainly for our older relatives who are more likely to be infected, and by staying in home we are protecting them.

Then, as we can see, the quarantine is a big advantage for the social media, because specially teenagers need to know what is happening in the outside and need to be connected with their friends, so the social networks are collapsed by users.

Finalistas marzo 2020

The last point that has to be mentioned is the positive impact for the environment, because this days the pollution has been reduced in a tremendous way, specifically for Europe and China which is one of the most polluted countries. This is possible because of the reduction of the traffics, the detention of the factories and all the economical activities, so maybe this pandemic could help us to save the world.

In conclusion, in that type of days we need to think in a positive way, that quarantine has a lot of advantages for the society, for the relationship with our families and it also help us to fight the climate change.

Mónika Kalinova

Finalistas marzo 2020

Staying at home for 14 days can be positive in different ways. First of all think about the family. It is a good way to spend time with them. Normally we don't see them all day either because of work or school, so now is a good moment to pay attention to them and focus more on your family than on your partners or teachers.

On the other hand we have the social media. Thanks to it we can communicate with our friends, and also family. With social media we can entertain ourselves by sending photos and videos, or making video calls. We can also avoid boredom by watching videos on YouTube or viewing photos on Instagram. Also in Instagram you can watch live concerts of some artists and comment on them.

Sincerely, I think this is another way of seeing the world. We can improve our possibilities thanks to technology and get an idea of how it would be like if it happens again. As well, it gives us more ways of working and alternatives if you can't go to work for some reason, for example teleworking.

In conclusion, the confinement of 14 days can be positive and beneficial in some aspects.

Nicolás Herranz

Finalistas marzo 2020

Nowadays most of the people on the planet, we are facing a situation related to Covid-19, it may be somewhat difficult to believe, but yes. I know we are not used to it, but are we facing it correctly?

First of all, some people are terrified by this situation, but it is a good opportunity to spend more time with our families. With activities, school ... we are not able to spend as much time as we should with them, so now we can make it up. We should take advantage of these days to talk and relate more with them.

In addition, especially teenagers, we are most of the time using our electronic devices and social networks, to communicate with our friends and with people with whom we cannot speak face to face.

They are also good to help us connect with teachers when we want to send homework, in their correct use, they are good systems for communication.

On the other hand, is how we have been confined to our homes and houses. What people miss is goin out on the street for a walk and doing outdoor sports, but at the moment most of the people in Spain are adapting perfectly.

But this measure is positive since we reduce the risk of contact and avoid infecting people at risk.

In conclusion, I hope that this situation helps us to think more and live a new experience, making us value more what we normally have.

Paula Gallardo Yaque

Finalistas marzo 2020

The aim of this essay is to make conclusions about the unexpected experience that we are living in Spain being confined in our houses to keep us safe from the coronavirus pandemic. First of all being so many hours at home is a good excuse to spend time with your family, because normally we don't have much time to do any plans with them. If you live alone or your family lives far away, the confinement may sound the worst thing that can happen to you but if you think about it more carefully you will realize that you can do thousands of things from home.

Also whenever you feel bored, on social media you will find many challenges proposed by influencers, even many artists are doing live concerts for their followers every day. On the other hand, the negative side of social media is that many people publish fake news just to cause panic.

In conclusion this situation is becoming very serious and it is very important to stay at home and to listen to the experts' recommendations but in my opinion, despite of everything this confinement could be considered positive in many ways.

Paula Moratinos

Finalistas marzo 2020

Nowadays there is a topic which is being spoken about by everyone, of course Coronavirus, and the 15 days that people must be confined at home. But is it possible to continue with our lives in a healthy way and being positive?

Firstly we have to talk about family. Obviously right now it is very common that people are spending more time than usual doing different activities at home. So I have a reflexion, Unless we had not been in this critical situation, many would not have valued the time with their families, this is because people are usually too busy to enjoy little things at home, so this situation could give us an opportunity to appreciate what we have.

Social media is the perfect way to stay connected to the rest of the people. We can see a lot of groups of friends meeting through Skype to drink a beer together, teachers who meet with their students to have an online lesson... However not all is good with the social media, there are a lot of fake news about the disease, so if people are all the time reading those kind of news, society will be in panic.

In my opinion it is very important to exercise at home, there are a lot of apps that can help you, as far as possible do a routine with physical and mental exercises. We should think that it is a temporary situation which is going to finish soon, so we should be positive.

Sara Díez Mora

Finalistas marzo 2020

I'm going to start talking about how this experience has been allowed to spend time with the family.

People can be more connected with their sons and daughters, they can play table games, cook funny recipes with kids and do the housework together can be more funny.

But people don't always have to be busy doing things, they can be sitting on the sofa only seeing Instagram, facebook or watching youtube.

It's also true that a lot of people in their houses don't do this things, because they are alone in their life, so they are bored.

In my case, now that all of my family stay at home, we can watch films at nights, I also cook biscuits with my mother, play in the garden with my puppy, that I think it's an advantage because it's very nice or look instagram to see what people are doing right now.

Samantha García Utrilla

Finalistas marzo 2020

Lately, due to coronavirus, people in many countries have had to stay at home in quarantine for 14 days without going outside or going to work. However, we need to stay positive and think that the confinement has a positive part.

First of all, most people stay at home with their families and don't get bored, it can be a good way to be more time with the people that you love. At the same time, if you have grandparents or cousins, you can't see them, although you can talk with them thanks to the new technologies.

Another important point is social media. If you miss your friends, you can talk to them and know how they are doing. Social networks are also helping a lot because they entertain users and help them with the situation.

To finish with, economy has dropped with the virus due to lack of employment. Many people have lost their jobs and others like doctors or nurses are very busy.

To conclude, it's a difficult situation but all together and being responsible staying at home, we can stop it.

Sara García

Finalistas marzo 2020

Fourteen days already. Before this time, they were timeless. Now 14 days are everything and they have changed everything. We are confined in our homes, some of us with great luck to be with our family, so we have to help each other more than ever. The balconies have become the seats of a theater from where we watch the show and clap every day at 8:00 pm.

And while we are further away than ever, we are also closer. The chats connect us, video calls connect us. I see you now ... but on Skype. It has never been so true that social networks destroy borders. They are now our eyes, our ears and our connection to the outside world.

Super heroes are no longer a thing of the cinemas, they are in supermarkets, hospitals, trucks, newspapers ... Now, meaningless things have become the most important ones, a look, a kiss, a hug But yes, everything will be OK, because this virus will not change the story, and the bad guy will lose while we not only beat him but also earn a little more as a society.

Sergio Barrado Arranz

Finalistas marzo 2020

Now our lives have changed in a way that we didn't expect. There is a global pandemic and all of us have to stay at home many days. These days are going to be difficult so, what things can help us to stay positive?

First of all, if you live with your family it could be an opportunity to spend more time with them. You can have fun together playing games and watching movies. Also you can work as a team to do housework and try to know more about each others.

In addition, social networks can help us at this time. Social media not only allows us to communicate with our family and friends, but also allow us to view news, videos, and images. This days some singers are going to do live concerts, that we can see on Instagram, to entertain us.

Despite this difficult situation, there are a lot of people helping in hospitals and supermarkets. Moreover, we can see young people helping their neighbors.

To sum up, we have a lot of reasons to think positive. If we stay at home and follow the instructions everything is going to be ok.

Susana San José de la Calle

Finalistas marzo 2020

We often read that being quarantined is sometimes terrible, but I think is a good opportunity to do some activities that you didn't do before.

For example, I'm sure that you ever spent so much time with your family. In my case this quarantine has changed my life because now my family and me are closer than ever and I'm over the moon because in this moment I can play board games or do new recipes together, even do sport at home.

While it's true that in social media always say you can endure 15 days staying at home that it's the government's fault and in social media there are a lot of fake news but in the other hand social media can entertain you even make you laugh and that things make the situation more pleasant.

I think this situation is difficult but we have to face it together. By this I mean that we have to be at home and stop going outside with any excuse because with this we only get is to endanger the population and now is the best thing we want to do.

Jaime Muñoz García

Finalistas marzo 2020

Well we are in some special days, in which we can't go out for anything, we can't see anyone or be next to someone. I think that more than special days we are on a difficult ones. But this situation we are going to pass it together.

The family has an important role, we have to be united and with more patient the ones with the others. This times can help us to be all more close and if you have a problem with your brother, sister or someone of your family, you can use this days to solve it.

Also social media can help us to see or talk with our friends or people that aren't near us. That is the good point of new technologies.

But don't forget that you can learn new things or make things that you usually don't do. For example: See a serie in a day, learn new recipes, pain and draw or reading. Do things that you can't often do because you don't have time.

So now that you know all this things, try to see the positive side of been on quarantine and pass the situation the better you can.

Lucía Rodríguez Cañedo

Finalistas marzo 2020

Due to the coronavirus, we have been forced to stay at home for some weeks, and I am going to explain the reasons why being positive is the best option.

In this kind of situations in which you feel a lack of freedom is common to be pessimistic but, from my point of view, we need to make the effort and think that every cloud has a silver lining. Even though these are difficult times, it is a great moment to spend time in family. It would be great to play board games like chess, for example.

In addition, this confinement can cause us feelings of loneliness, but luckily we live in 2020, and we can use social networks to talk with the family and friends and avoid these feelings. Another advantage is that, thanks to social media, we have much more information about this disease.

As a conclusion I would say that, in my opinion, the best thing we can do in this moment is think positive, look on the bright side and be grateful for all the progress we have made with new technologies.

Alba Iglesias Pascual

Finalistas marzo 2020

With this unexpected experience of being 14 days at home, we can only think on how bad is it. But we should look also on the bright side of this situation, as every cloud has a silver lining.

First of all, we Will have more time to spend with our family. I mean, you can have a good time with your parents and siblings by doing any activity indoors, like playing all together a board game or even cook your favourite dessert.

If you live alone, you can also look on the bright side of this situation, because now that you don't have to do anything, you can watch that programme that you couldn't because you didn't have time, or watch videos in youtube and many more things thanks to the social media and to the new technologies.

Another positive thing of staying at home is that we can help by making protective stuff for all the people that are in contact with the virus. I mean with a sewing machine we can make face masks.

Of course staying at home is not the most entertaining thing, but we have to stay safe and keep the others safe.

Maria Fraile Rodriguez

Finalistas marzo 2020

The topic of find positives aspects in staying at home for 14 days is causing a great deal of discussion, specially in the media. Many people have strong feelings on the subject, and so do I.

First of all, it is true that we're in an extreme situation that we could never imagine, we must be patient and stay at home for the good of all, to end with this virus. Right now being optimistic may be almost impossible, but if you look closely you can find some positive aspects in this situation. One of the most positive is being able to spend more time with our family. In our day to day routine we live with our family, but we don't enjoy it. Now, we have the opportunity to get to know each other better and spend more time together.

On the other hand many people miss their friends or their more distant family. Luckily, we are surrounded by new technologies. And mainly from social networks that facilitate our communication. In addition, they have a great power of entertainment and with them you can be in contact with the people you want in the way that you want. You can also share how you feel or important moments for you.

Finalistas marzo 2020

In addition it's a fantastic time to think about you and connect with your interior. Are you satisfied with the life you lead? Are you completely happy? These are some of the questions you may find an answer to during this time of confinement. It's clear that you have to be fine with yourself to be able to be with the rest of the people.

To sum up we are faced with a critical situation, which obviously no one expects. We need to be strong and upbeat, but above all, we must follow the rules that guide us for our safety, such as not to leave our homes. To make the wait more enjoyable we can have fun with our family and get to know them better. we can also communicate with our friends through social networks and even update our profile on Instagram. Furthermore, we have a little time to reconsider and think about ourselves. With this virus we all end up together!

Mónica Villadangos Miguélez

Finalistas marzo 2020

Right now in Spain, we are having a confinement. For this reason, we have plenty of free time that we can use to spend with our families. Also, because of having quite a bit of free time we usually use social networks a lot, but without forgetting to continue studying and working.

In these two weeks of confinement, we have to think positive and take advantage of this time to get to know our families more and better. Also with our families we can play board games or have a good time watching a program on the TV. Another way of managing confinement better is through social networks. From these platforms you can continue communicating with your friends or other members of your family. You can also have fun watching videos, photos or jokes from here.

One of the things that would be important to do during the confinement is to do sports, since being two weeks without moving can be very harmful to your health.

Finally I think that we have to be patient with this situation and while it lasts we have to be positive so that everything returns to normality.

Marina Izquierdo García



Junio 2020

LA LUCHA CONTRA EL CORONAVIRUS

La desescalada tendrá cuatro fases y acabará a finales de junio

Sánchez anuncia que cada fase durará dos semanas y se aplicará a distintos ritmos por provincias e islas

Los pequeños comercios podrán atender con cita previa y los bares ofrecer comida para llevar

Los contagios tocan su mínimo desde el inicio de la alarma

Las aulas no abrirán este curso salvo para clases de refuerzo y guardería para hijos de padres que trabajan

Seis comunidades no registrarán ningún caso en los próximos días

El comité que preside Teresa Ribera pide peso

La movilidad se limitará a la provincia hasta la última fase

Camas libres y tasa de contagio, los criterios de la desescalada



PREVÉ QUE EL PIB DE ESPAÑA CAERÁ ESTE AÑO UN 12,8%

Alerta del FMI

El organismo advierte de que la economía española será la más dañada por la crisis

PSOE y Podemos aporcan el impuesto a los ricos

Los empresarios reclaman unidad y consenso al cierre de la cumbre de la CEOE

Sanidad planifica cierres selectivos

Nuevo golpe a la economía: la industria sufre su mayor desplome

Las manufacturas caen en abril como nunca desde que hay registro



EL BORRADOR DEL DECRETO DE 'LA NUEVA NORMALIDAD'

El Gobierno fija multas por no llevar mascarilla tras la alarma

La sanción será de hasta 100 euros por no ponerla en lugares públicos cerrados

La OMS recomienda ahora el uso generalizado de la prenda de protección

El Ejecutivo aprobará el martes las normas que registrarán a partir del 21

Las mascarillas han venido para quedarse. No solo son obligatorias en ciertos espacios de



Nuevo golpe a la economía: la industria sufre su mayor desplome

Las manufacturas caen en abril como nunca desde que hay registro

Tras el desplome del sector en abril -cero ventas, cero ingresos-, ayer fue el mes de la pandemia. Según el INECI de



MÁS DE 2.500 NUEVOS CASOS AYER EN ESPAÑA

Tregua política contra el virus

La oposición rebaja el tono ante el Gobierno y ambas partes muestran concordia frente a la pandemia

Felipe VI llama a la unidad para superar la crisis

Las Bolsas se hundieron aún más

China, EEUU y Europa pugnan por el hallazgo de la vacuna

Revista infantil Disney

EL GOBIERNO ENVÍA SUS PREVISIONES A BRUSELAS

La crisis del coronavirus causará 1,5 millones de parados en España

El país tardará dos años en recuperarse de una caída de la economía del 9,2%

El déficit público casi se cuadruplicará y la deuda se disparará al 115% del PIB

UGT y CCOO demandan en Extremadura un nuevo modelo económico

COVID-19 EXTREMADURA: 451 muertos, 2.811 infectados

Extremadura baja de los 200 ingresos, pero el 68% están en casa

El virus dejó otras cinco víctimas

El 83% de los 860 llamados de la red de emergencia están en alerta

Almería no recupera todavía el segundo Talgo a Madrid y tendrá menos conexiones a Sevilla. Los trenes de

Inquietud en la hostelería

El sector teme el cierre de más de 2.700 locales

empresarios piden soluciones adaptadas

Comunicaciones

Almería no recupera todavía el segundo Talgo a Madrid y tendrá menos conexiones a Sevilla. Los trenes de



737 millones de euros para volver a empezar

Sanidad El Ministerio publica un listado de fármacos esenciales contra la Covid-19

Los farmacéuticos deberían informar sobre envases vendidos y los stocks disponibles

López Miras anuncia el Plan Reactiva 2020, que contempla 260 actuaciones

Archena realizará test de coronavirus a vecinos y a turistas de fuera de la Región

La Consejería de Salud registra seis nuevos positivos en las últimas 24 horas

El programa incluye avales masivos y más fondos para la sanidad

El líder socialista pide a la oposición apoyo a unas cuentas de reconstrucción

El rey Felipe VI dirigirá esta noche un mensaje por televisión a los españoles



ESPAÑA, EN ALARMA POR LA PANDEMIA

Sánchez lanza 200.000 millones contra la crisis del coronavirus

"No vamos a dejar a nadie atrás", dice el presidente del Gobierno

El programa incluye avales masivos y más fondos para la sanidad

El líder socialista pide a la oposición apoyo a unas cuentas de reconstrucción

El rey Felipe VI dirigirá esta noche un mensaje por televisión a los españoles

El Consejo de Ministros de 2020, con cinco más miembros que el anterior y el resto por videoconferencia



Menos trenes y vuelos con la nueva normalidad

Almería no recupera todavía el segundo Talgo a Madrid y tendrá menos conexiones a Sevilla. Los trenes de

Inquietud en la hostelería

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Almería no recupera todavía el segundo Talgo a Madrid y tendrá menos conexiones a Sevilla. Los trenes de




El Gobierno decreta el luto oficial por las personas fallecidas como consecuencia de la pandemia del Covid-19



Essays junio 2020

In your online English class you have been talking about your experience with the Covid-19 pandemic. Now, your English teacher has asked you to write an essay. Write an essay using all the notes and give reasons for your point of view.

“Some intellectuals consider that the world will change after the Covid-19 pandemic. Others aren’t so sure. What do you think?”

Write about:

- 1. the way people relate to each other***
- 2. the way we value material thing***
- 3. (your own idea)***



Ganadora junio 2020

WINNER – Sara Martínez Nieto

The pandemic that we are experiencing right now caused by coronavirus is something very rare, a fact of a global magnitude that we will surely not live again and that will have consequences in the way we communicate with people.

One of the main aspects of our lives that change due to the current crisis is the way we have of relating to other people. This will drastically change at least until a vaccine is found, that is, we will have to wear a mask, respect a safe distance, and be quite aware of our hygiene. I think that even if a vaccine is found and the coronavirus is no longer a risk, all these types of habits that we will have obtained will not disappear or at least those most important like being less affective when greeting people or respect the distance when we are with people.

Another aspect of our life that will surely change is how we value material things. I think that so much time apart from our friends and family will make us appreciate more the relationships we have with the people around us. Unfortunately, I don't think this is going to be something that lasts because when seeing our family and friends is something normal again, that feeling will disappear although I hope not.

Ganadora junio 2020

The last thing I want to talk about that may be different is the way to go shopping. Although this option was something that many people already used, there was still a large part of the population, especially the more mature one that was not in favour of this method; This quarantine will have served many people as the perfect time to test this way of making your purchases so that many people have been able to find this method help in their life.

In conclusion, although our life will no longer be the same, we have to see this with a perspective of change, appreciate more what we have and life in general, we have been locked up for a time and now we must return with hope and facing this new reality.

Finalistas junio 2020

We have experienced a historical event worldwide that has affected the whole population. Nowadays, daily activities are still weird, despite the return to normal life, which leads me to wonder if we will really act as before the Covid-19.

In this kind of situations it is normal for social relationships to be affected, due to the fear of the virus. We try not to keep in touch, but I think this will change as soon as the vaccine is created.

In addition, the way we value material things will change, because we have learned what really matters, our health and that of our loved ones.

Another sector that has been affected is the economic one, since it has been stopped for a long time. I firmly believe that, after an inevitable period of crisis, we will be fine again.

As a conclusion I would say that, even though these are difficult times, we will overcome it with care and positivism. We need to look on the bright side and be grateful for all the progress we have made.

Alba Iglesias Pascual

Finalistas junio 2020

First of all, if you could go back to last Christmas, would you enjoy family moments more? I am sure that after a pandemic you have been able to change your perspective when answering me.

On the one hand, we must be aware that the human being is social by nature and being secluded can make him present anxiety when relating to others for fear of contagion.

On the other hand, I consider that we have missed our loved ones so much that we are going to focus the sharing of moments with them as a priority, completely taking material things and consumerism to the background.

However, as the wise say well, everything is learned and this pandemic has made us reflect on how in this time there has been much less consumption and therefore much less pollution the planet has been much cleaner.

From my point of view, I consider that the intellectuals are right in favor of change, especially in the essence of people, since we are full of experiences that leave their mark and this pandemic is one of them.

Paula Martínez Cerro

Finalistas junio 2020

The Covid-19 pandemic has dramatically changed our lives, But, will these changes last forever? That is the topic about we are going to discuss in this essay.

It is easy to think we will take more care of each other because unless our surrounding people are healthy, we won't be sure of our own security. Therefore, our society could become more supportive.

Furthermore, this pandemic took away to us things that we had always taken by sure, such as the freedom to wander where and when we wanted or spent time with friends and family. So, from now on, we will appreciate more these things than material objects which we can live without.

On the other hand, another very general opinion is that human being is not programmed to be scared all the time, and the main tool to get this is to suppress the bad memories. This is why eventually live is caring on in the same way as it did.

In my opinion, when enough time goes by, the most essential aspects of our lives won't change, only little things like the use of computers to communicate with each other or avoid unnecessary commuters.

Carlos G LR77

Finalistas junio 2020

It is said by some people that the world is going to change after the coronavirus period. But how true could this be? Will it affect people relationships?

One effect of this is that some people don't want to be near strangers, and they prefer stay only with their family until the time when the danger passes. However, other people are not going to be afraid of this, and they will meet with their friends and continue their habitual life.

On the other hand, people will appreciate more the time they spend with their friends and partners. Because they haven't seen them for two months.

Furthermore, most people realise they can have life without lot of material things they used to have before being in quarantine.

Although people realise that they are able to live with less material things, most factories' activities had been stopped during the Covid-19 pandemic, and there will be shortages, when everything returns to normal. As a result of this, pollution will increase, when production is increased again.

In my opinion, the unexpected Covid-19 pandemic occurrence won't change all the world, but most of it yes. A lot of people will change their points of view, and how they see the world.

Carlos Menes

Finalistas junio 2020

Nowadays, we can often hear in the radio or read in social media that the world is going to change after this global pandemic that we are experiencing. But is it really going to transform?

To begin with, the way we socialise with each other has changed. Some people find it more difficult to talk to new people and other even don't want to do it because they are afraid. That's why it is obvious that quarantine has made a difference in us.

Secondly, it is important to focus in the way we value material things. Before Covid-19, we were a very materialistic society, and now we still are, but I'd say that a little less. At this moment people value more staying outdoors and being with their relatives.

On the other hand, I've noticed that society care more about health than we did before. I think that after the virus people will start giving more importance to doctors and to their personal health. And that is a relevant change.

In conclusion, definitely the virus has changed the world in a lot of ways. The things that I've talked about are only a few because Covid-19 has made a tremendous impact in humans.

Clara Rabadán Villafañe

Finalistas junio 2020

A few months ago, our lives were completely changed by a global pandemic, having to stay home for more than a month, something we never imagined. But after all the deaths there have been, not everything is going to be the same as before.

We can predict how we will relate in the future: virtual talks will continue, we will buy more online and telework will increase. In addition, schooling will have a more technological component.

Another factor after the Covid-19 will be that we are going to value less material things and more simple actions such as hugging a family member, walking on the street or having a face-to-face conversation.

Finally, I would like to talk about how Covid-19 will affect the environment, since now in our day to day, we are obliged to wear masks and gloves; both are made of non-degradable materials, which will highly pollute the environment.

This global pandemic has not only left misfortunes such as deaths or job layoffs, has also served to reflect and learn to value what really matters: the people who love us.

Marina Izquierdo García

Finalistas junio 2020

In Spain people are very sociable, so their lifestyle is definitely not compatible with the virus.

Nowadays, we have to be cautious and sensible, by using masks, keeping a distance of two metres from each other and trying to avoid contact with anyone, through kissing or hugging.

On the other hand, because of these confinement months, people now give more importance to social meetings rather than material things. Although they may have missed buying some trainers, what they really missed was going out and drinking a beer or a coffee with with some friends on a terrace.

Education has also changed very much. Technological advances have allowed the classes to continue on-line, which could be the future for students and some employers who have been working at home during this period.

The effects of Covid - 19 are starting now but we will suffer from them for a long time. Mental consequences will definitely be with us forever and we will have to adapt to the new circumstances to continue alive.

Andrea Moñux Bartolomé

Finalistas junio 2020

This pandemic is going to change a bit our lives in some way. Something we are going to remember forever, but will it change our lifestyle or will everything return to normality?

Southern countries like Spain or Italy are more used to physical contact such as hugs or kisses. So, in that way it will be hard for us not touching each other with our families or friends, therefore our social life will be limited until scientists find a vaccine or maybe forever.

Other point is the way we value material things as it has been demonstrated that there are plenty of things much more important for us. The confinement has taken away from us the most important thing in our lives our freedom. So, we should think that freedom, love or our families and friends are more important than money.

And last but not least, this pandemic might change the way people empathise. People usually complain because WIFI went down or because there are not football matches. When there are people that have not job or have a small house for three siblings.

All in all, this situation will change us a bit. We should appreciate more the important things and give thanks because we could be worse than other people. Furthermore, we ought to be exemplary citizens out of respect for all the people that has died.

Jorge Gutiérrez de la Asunción

Finalistas junio 2020

In the last few months, there is growing concern about the possible effects of COVID-19 on our society. Many people have already been directly or indirectly affected by this dangerous international pandemic. Fortunately, the number of people who have died and have been infected is falling steadily, and now is the time to speculate on the new world that will emerge.

Step by step, we have become accustomed to keep our social distance or to wear face masks. We have also managed to overcome the worst part of the virus and we can now start to go outside and relate to each other. However, it is a reality that this is going to be marked in our lives and from now on it is going to be hard for us to get together, hug or kiss with our loved ones.

On the other hand, it is widely believed that the virus represents an experience in every sense. We have learnt to keep busy at home with what we have, to enjoy a video call with friends and family or a home-cooked dinner.

In addition to this, it has changed our perspective of seeing the way we work. We have been able to fight the virus and at the same time do not stop to work from home. This is the occasion to transform business as usual into something more human, secure and giving the possibility of reconciling work and family life.

On balance, it is true that at first no one could have imagined the devastating effects of the virus. But despite the big disadvantages, I firmly believe that this is the chance to make the most of our time, to value everything we have and of course to be thankful for staying healthy. **Ana Hernández Pinilla**

Finalistas junio 2020

During this quarantine we have seen how the world have adapted their lifestyle to the requirements of the government. This changes may last for a long time in society's basis. Throughout this essay we will discuss the ideals, the relationships and the physical activity of the inhabitants that have changed in this time and how much they will last.

On the one hand, the way people relate to each other has significantly changed. At the beginning of the pandemic we have witnessed how everybody tried to get as many goods as possible from the supermarket, whereas the measures and social distance are being respected in the end of the lockdown. Finally people has taken the human rights of food and health in consideration.

On the other hand, experiencing the loneliness of the lockdown has proved something. There is not mobile phone nor computer which can fulfill the place of our family, friends and partners. We will never prefer material things over relationships.

In addition, throughout the confinement people has learnt how exercise can be of value in their lives. They have been able to complete thorough online workouts. If the seclusion lasted two more months, they would get in a great shape.

From my point of view, these great results will not last for ever. Population is known not to show sympathy for anybody, especially when economy is in crisis and now it is what is happening.

Marcos Rodríguez Sanz

Finalistas junio 2020

I think that when we return back to normal life there will be changes until we are immunized, then will return to how it was before.

The first changes that come to my mind when thinking about this, is relations, for some time we may not greet each other by hugging, not even shaking hands, so we may bow each other like Japanese do or do like Vulcans in Star Trek.

Now, we have learnt to give more importance to people, experiences, and so on than to objects, as we can buy these last things, but we are not able to buy time with family, grandparents for example.

School used to be hated by a lot of people, now most pupils want to go back due to missing their friends and classrooms gossips because the most interesting gossips now are about teacher houses.

In the end we all want to go back to normal life but it will never be the same as we will appreciate everything even school, because it will mean we are safe again.

Nuria Tadeo Álvarez

Finalistas junio 2020

Scientists are still working to understand COVID-19, and there are a lot of uncertainties about how it behaves. That uncertainty makes people insecure and worried about what will happen. Will the world change?

Firstly, there will be changes about how people interact with each other. I believe that some people are less worried about that situation and they don't pay so much attention to what problems can produce that contact. At the beginning people will be more conscious but when some time passes, they will be freer.

Secondly, in these months a lot of things have changed and people are more aware of the importance that some things have and not have. For example, people have donated food or clothes that they don't need for give them to people that in that period have more problems.

Moreover, what I really like about this pandemic is that the earth has improved because the pollution has almost disappeared, there are less rubbish in the oceans and animals like dolphins can come to the sea coast.

To sum up, I think that there will be some changes about how people interact with each other and how people have learned to appreciate real things but at the end all will be better.

Carla Hernández Antolín

Finalistas junio 2020

Throughout history, human beings have demonstrated their inability to remember mistakes made in situations of vital importance. However, can the coronavirus have changed our thinking and attitudes?

In the first place, the fight against this pandemic has required a great effort on the part of all the inhabitants of the planet. In addition, one of the main forces that have managed to defeat the coronavirus has been human generosity. Most of us have had to think of others to take care of ourselves.

Secondly, the businesses closure and the spare time have given us the opportunity to think about what we really need. Initially, supermarkets were emptied of basic commodities, but the reality is that electronic commerce has grown 55% in Spain during the state of alarm.

In conclusion, although it may seem that this pandemic has necessarily changed our world, I consider that it will be relegated to an anecdotal level in the near future. All of our new attitudes have originated from a selfish survival instinct. So, if we do not learn from our mistakes, we will be condemned to relive it.

Andrea Sierra Núñez

Finalistas junio 2020

We are going to change after the Covid-19 pandemic? Obviously. This is a situation none of us have lived before. Now, everybody wants to recover the "normality". But this will not work. We have to adapt ourselves and create the "new normality".

The first part of our "new normality" is the way to relate to each other. We are seeing the changes every day. But will they finish someday? I do not think so. Our entire world has changed and still doing it. I think it will continue like so far, and people whit it.

Secondly, the way we value material things. Now we are realizing what is important in our lives. We give real importance to the things around us. More, or less, this is that cares.

But there are also positive consequences. The environment has recovered its place. Nevertheless, now we cannot start polluting again. It is the moment to make the change we all talked about. It could be our second opportunity; for us and our planet.

In my humble opinion, we can change from all of this. We are living in a historical moment. Such, what is the image we want to show to other generations?

Patricia Redondo Prieto

Finalistas junio 2020

Nowadays we are going through a strange and quite frightening situation. Lots of people are losing their jobs, and even their health. Everyone is quite confused and some of us are even scared of what might happen. However, we know that this crisis cannot stop us, so everyone is giving his best, helping others and keeping them and everyone safe.

Material things are as important as usual, although food and hygiene products are having a higher demand. It is essential that all the development that the society is achieving now and the actions full of love and kindness that are taking part, are not forgotten once we left these difficult days.

We are living a time of change, of revolution and improvement. Lately, everyone is fighting for what they want, every day there are manifestations, good and bad news, and that is okay, because it means that we have realize that things need to change and that we must do it because nobody will do it for us.

We are strong, and we are showing it every day: as long as we work together, everything is going to be ok.

Lucía Mostaza

Finalistas junio 2020

The Covid-19 pandemic is nearly finished. In this time, we've learnt that we have to value little things like freedom or going to school or work. After being shut in our houses for a long time, little by little we're beginning to go out again.

The majority of people, as they have been told to do, when they hang out with their friends or they just meet them in the street, they don't kiss or hug the other. Also, they wear a mask, to complicate, if any of them are infected, to infect the other. There is a small percentage of the population which are frightened of the pandemic and, as they started to do at the beginning of it, they communicate with their family or friends by apps like Skype or Hangouts.

I think that we value excessively material things like money. We should focus more on other things like human lives.

In my opinion, this will pass to history, and I think that our descendants will be told about how we survived to a pandemic and we started to appreciate what really matters.

Carlos Martínez García

Finalistas junio 2020

To adapt to the current situation, we all have had to change some of our habits, like how we relate to each other. Before, we hugged, kissed, or shook hands. Now you only can say hello two meters away. When we return to normal, will we hug each other again or will we continue to greet two meters away?

Another thing people think will be different is the way we value material things. In this quarantine everyone has realized the importance of having someone who loves you close, like your friends... and not so much the importance of material things. Except Netflix that probably helped many us.

Intellectuals also think people will change for better, more volunteers in residences to spend time with old people and also in soup kitchens and assemblies.

I personally think we cannot know if any of this will happen before the quarantine ends. There is little left.

Marina Vaquer

Finalistas junio 2020

It is generally believed that the Covid-19 won't be eradicated easily. It has disseminated all over the world. This essay will discuss the future interaction after the pandemic.

Firstly, the relationships between people will change. It is highly likely most people won't feel safe enough to stop using masks and gloves. Additionally, they will respect the established distance. However, they would visit their relatives often and hang out with their friends as usual.

Secondly, many people will realise the value of family and how much they love them. Furthermore, they probably will not mind material things as before. This will make a less selfish society.

Finally, the enormous impact of the virus will bring the society together. Moreover, they will care more about other people's needs and learn to be respectful.

This virus is a life changing event for many people. It will leave a mark and set up a new start with different ways of interaction.

Diana Román Fadrique

Finalistas junio 2020

Some people think that this pandemic will mark our lives and make people act different. This essay will analyse this situation from different points of view.

Firstly, people's relationships might change as they have been in quarantine for more than three months. In addition, this isolation may help people recognize true friends because they are the ones they will miss.

Secondly, as material things have been the only entertaining method and people could not hang out with their friends, they are going to value meeting people more. It will also make most people see that they do not need as much material things as they thought.

Finally, quarantine has had a big impact in global warming. As people does not use their cars, pollution levels have been reduced, animals have returned to the cities as people stay at home instead of going out, etc.

To sum up, although this pandemic has some drawbacks, it also has made some improvements and it is on our hand to keep them or get worse again.

Jaime Fra

Finalistas junio 2020

Since the 80s people have been used to having a comfortable life, but the COVID-19 has taken away our freedom and with it, our life has changed completely.

On the one hand the COVID-19 will probably change the way we relate to each other. Many people will carry on with the habit of taking distance from other people. However, a lot of people will prefer to be closer to each other than before, leaving social media for a time.

On the other hand, It is generally said that people always dream of things that they don't have, such as live in a luxury house in the Caribbean. Nevertheless, after the virus, society will begin to appreciate the things that they have, turning simple things like having a coffee into great pleasures.

Another important point is that people tend to go abroad on holiday to know different cultures. By contrast, due to the virus, they are going to spend the summer in their own country allowing them not only to learn more about their own culture, but also to help promote the economy.

In conclusion, after the COVID-19 people will be closer to their friends and family than before, being proud of the things that they have and valuing well their country. In my opinion, society will become more supportive and, above all, people will share all its love.

Laura Rodríguez Porro

Finalistas junio 2020

Some months ago, the fact that a virus could appear and stop the world's economy was unthinkable, but the arrival of Covid-19 has made many people think about a new era. However, is it true that we are about to experience a new beginning?

It's not hard to see that the way we interact with people will take a 180 degrees turn, at least for some time; from reducing the capacity of subways to wearing protective gear, in order to prevent us from an outbreak of the virus.

Another thing that has sparked debates all over the world is whether we'll continue overrating material things over sentimental ones, like spending time with your loved ones. The truth is that nobody knows; but it's clear that we have learnt how to value our family and friends.

Finally, the sensation of safety we had before will also change, if not disappearing. We used to think that our hospitals and healthcare were prepared for everything, and after all the deaths it'll be hard to feel safe and fearless again.

In conclusion, the pandemic will leave aftermaths that'll change us forever, but also help us learn from our mistakes in order to prevent another pandemic from happening.

Lucía Bueno

Finalistas junio 2020

The arrival of Covid-19 to Spain was very unexpected for all of us. Being confined for more than two months has been hard for some people especially for those who have lost family members but it has also made us realize about the importance of many things that we didn't even think about before.

An important thing that will change is the way people work, buy and socialize, due to the obligation of wearing a mask and respecting security distance.

People will start to appreciate more than just material things, like spending time with their families, especially with grandparents, whose have been the most vulnerable ones in this situation. Furthermore, nature will be more valued to disconnect from technologies.

Technology has played one of the most important roles in this pandemic. Since the first day, we have been working from home, or taking online classes. Technology has allowed us as well to entertain ourselves, talk to our families and above all, to avoid contagions.

This pandemic will mark a before and after in many people's lives. And as a result, we will be better prepared for future pandemics.

Lucia Leonardo Rodriguez

Finalistas junio 2020

Some months ago, we were writing about the ideas for entertaining ourselves at home. Today I'm going to explain how has COVID-19 changed our philosophy of life.

First of all, with the people that is around us. We can't relate with them as before, because of the face masks, the security distance and also the way of greet us.

Furthermore We have learnt to value more all the material things due to the closure of most stores. In addition, we respect the use of gloves, face masks...Some years before, If we had to wear this equipment, we wouldn't care on how many we used.

Finally, I want to reflect about how we value the countryside. This summer it is very probable that we can't go abroad. However, if I were you, I would put off videogames or tv and start looking at the nature, because despite not being able to go to the beach, you will get fascinated by the incredible landscapes that we have in our country.

Last but not least, I want to show you the positive things of the situation, as every cloud has a silver lining. In this case is that we have learnt to appreciate more our daily routine.

María Fraile Rodríguez

Finalistas junio 2020

The central theme today is Covid 19 and the importance of always being positive towards it. The world was worse a couple of months ago. Today we are noticing the improvement of this virus and how fast we are facing it. There have also been many changes between people.

Additionally, the way people relate with each other is a very remarkable change in society. The situation is rare because in countries like in Spain, people are very affectionate and do not get used to the idea of not being able to hug or kiss their loved ones. Unfortunately, the relationship between couples has led to divorce in this confinement.

Furthermore, this virus has positively affected many people too, as they have learnt to value both material and alive things. Before many did not realize how fortunate they are to have food, medicine, a home...

Moreover, schools would not be the same after this. Many teachers doubt about the fact that the classrooms are not prepared to have less children than they had before, and some would still have to receive online classes, which many parents are protesting about.

To conclude, some intellectuals consider that the world will change after the Covid-19 pandemic. Others aren't so sure. In my opinion, I imagine anything would be the same after this, because people would be afraid to go to the street, even though the situation gets better. And so do I.

María Naranjo

Finalistas junio 2020

Some experts say that the world will change after the Covid-19 pandemic in some aspects, and I'm sure about it because I think we are learning to live different than before this situation.

There will be a change in the way we relate with each other's. We will appreciate every moment with our friends and family because we are humans and this lockdown has made us realize of how important it was to be with the people we love.

This situation It has brought us closer to the people that stay in contact with us during the lockdown and it has made us see how important were the simple things , like a walk with friends, a meal of your grandmother, a day with your cousins, the breaks in the school...

To continue there will be a big change in the way we will value the material things because, were all those things we bought before all this happen necessary? no.

During the lockdown we have lived perfectly with the things we had and with only the most necessary things: food and medications, because only supermarkets and pharmacies were open. So, we have noticed that before we gave a very big importance to material things while the most important things are the people that surround us.

Finally, we will invest in investigation to get new vaccines and all the countries will cooperate to advance medicine, research and new medicines.

Mencía Gómez de Coca

Finalistas junio 2020

Our lifestyle has drastically changed recently due to the Covid-19 pandemic, although things are now slowly returning back to normal. However, are we going to live like we used to, or will we have to get used to a new way of life?

There is a strong argument saying that people are going to change the way they relate to each other, since the main way to get infected is through physical contact another person. In spite of that, people are not going to stop being sociable, but they are just going to reduce physical contact.

Although the pandemic has been horrible, there are some positive things that it has left us. An example of this is that in general for many people material things have less value now than they had before. We have understood that the best present is the company of our family and friends.

From my point of view, it is clear that life is going to change, especially when thinking about the activities we usually do like: shopping, sports, schools, partys and all others that promote interaction. It is very difficult to do them safely. We will therefore have to get used to a new normal.

Sara Díez

Finalistas junio 2020

The Covid-19 pandemic is definitely changing the world and the way of think of people. Now is the moment to fit in with a new way of live, Better or worse? Just different.

The way people relate to each other will change a lot, we should be careful to keep the distance and try to show our love to others without kisses or hugs. However meeting with your family or friends is still fun, and now we will value catching up on with our friends.

Before this, we gave too much importance to material things, now we enjoy the little moments of each day, from go to a supermarket to have a drink in a bar and, of course, hanging around with our friends.

Nowadays, each of us must be responsible with our actions, we have to be grateful with the doctors and the people who take care of us, and we should be positive and have a good attitude.

In conclusion, life is changing, but that is not bad. Now, the world will be filled with new first times.

Sara Valbuena

Finalistas junio 2020

Nowadays, there are different opinions of how the world will be after the Covid-19 pandemic. Do you think that the world will change after this as some intellectuals consider or not?

Firstly, the pandemic has changed the way of we related to other people. For instance, people must maintain the security distance between them to avoid contagion. This makes us less close as before with others.

In addition, people have become more hygienic. One benefit about this is that humans wash their hands more often. However, a few months ago, some of them didn't do that. As a result, there are fewer diseases.

Finally, material things are valued in the same way. Being at home has made us think a lot and reflect although now that we can get out, we forget the value of things since we return to the "normality".

In conclusion, I think that the world and the people are going to change after the Covid-19 pandemic. In some changes we will adapt quickly, like washing our hands, but in others such as relating to people not.

Rocío Camarón Piñeiro

Finalistas junio 2020

Some highbrows claim that the world will be different after the Covid-19 pandemic. However, there are also those who share a different view. What will happen?

A large number of people state that we will not change the way people relate to each other after the pandemic, however there are others who believe, like me, that we will have to change the way people relate each other because, otherwise the virus will be spread again.

Another thing that will surely change will be the way we value material things, because after the pandemic, we will have less money and we will be much more aware of how we should value things.

Another important point is education, due to the pandemic, education these months has been online and has proven to be efficient, therefore, in my opinion, I believe that education will never be what it was in the past and in the future we will give more classes online.

To sum up it is very probable that in the future the world will change, therefore, we should be ready to afront this reality.

Sergio Alzaga García

Finalistas junio 2020

The whole world is living a strange situation owing to coronavirus. A few intellectuals are warning whether the world will change after this lethal pandemic.

First of all, a large number of people believe that relationships will not change after the pandemic because they think humans will never modify their behaviour. However, there are others who hope that the population will be more sympathetic and comprehensive with the rest of the people.

Secondly, there are many who explain that people will continue wasting time with material things. Nevertheless, there are also those who hope that relationships will be more valued, and we will be less worried about insignificant material things.

Thirdly, a great deal of people is positive and believe that after the pandemic, we will be more conscious of the seriousness of the climate change. By my point of view, people will be more aware and will start recycling.

To sum up, there are those who hold the opinion that relationship, materialism and environmental awareness will continue being like currently, although others disagree. As far as I am concerned, people will become more responsible and respectful.

Sergio Blázquez

Finalistas junio 2020

After all this, I think that nothing is going to be like before the Covid-19 pandemic. All the activities we were used to practice are going to change, at least until we find a vaccine for the Covid-19.

Firstly, the way we relate to each other is going to suffer some important changes. One is that we are going to have to wear a mask always, what is a little bit uncomfortable. Another very important thing that we will need to take in account is the distance between people.

Secondly, I think that the way we value material things is going to change, but in my opinion not as much as when we were in quarantine. Now any option we have of going out to a bar or a restaurant with your family or friends will be impossible of refusing it.

Finally, other thing is going to change is the way we practice sports, because in most of them there is physical contact, so you will have to be careful.

In conclusion, I think that until we do not find a vaccine, we all must take in account the security measures for Covid-19 pandemic.

Álvaro Durante

Finalistas junio 2020

This essay will discuss that some intellectuals consider that the world will change after the Covid-19 pandemic because of how this phenomenon has impacted our lives, but others aren't so sure about this.

On the first hand, all of us must do our part, since we all depend on everyone in this situation. For example, the doctors. They take care of us and help us as much as they can, but we must also help them respecting the confinement rules.

Furthermore, this confinement has also had a good impact on us, we have learned not to be so materialistic and enjoy the little things, like going for a walk with friends or a family dinner.

Lastly, this confinement has also helped us to learn new things and to know how to take advantage of time at home, such as painting, making crafts, discovering new hobbies,...

In conclusion, the world will not be the same, since we will live with more fear and be more responsible for what we do, but with the effort of all of us we will be able to return to normality.

Andrea Acebes

Finalistas junio 2020

Nowadays many things like the social relationships, the value we give to material items and jobs, have changed. Now, we are continuously changing.

Without a doubt the social relationships have drastically changed. Now we have more freedom to hang out with our friends but, during the first days of quarantine we couldn't have a normal life. Personally speaking it was horrible to see your loved ones through screens or just hear them through audios.

It is true that our mind has changed and we value more things than the material ones. Now we know that changing out with our friends and relatives, going out for a walk or simply talk with someone in the park is more important for us than having the last computer or phone.

Last but not least, actually, jobs that were not valued properly are praised by everyone thanks to the services they have provided. We have been able to verify that all jobs are very important in our daily life.

In conclusion, I agree with those intellectuals, the world is changing and we are learning from these positive and negative situations that are happening nowadays.

Paula Martín Fernández

Agradecimientos

Esperamos que la lectura de todas estas reflexiones y pensamientos os hayan transportado a un momento que ya vemos lejano, como un sueño. Lo guardaremos como un tesoro, un documento histórico de una situación que jamás olvidaremos. Nuestra más sincera enhorabuena a todos los que habéis participado en esta iniciativa.

Desde Warwick House, queremos agradecer la labor de nuestros profesores. Han sido un apoyo vital para poder continuar con nuestra actividad, mantener el ritmo y evitar, en la medida de lo posible, que nuestros alumnos se vieran afectados en su desarrollo y formación de inglés.

Thank you!





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